



An invitation from Toni Marie...

As most of you know, I enjoy working with groups. I believe a focused group can facilitate everyone's work by witnessing the work of others. It is also a way to receive massive support as we change behaviors and belief systems that have been with us since childhood. Change is the key word here as more often we deal only with the surface of things rather than looking for the root of the issue. This is the beauty of working with a tool such as the Enneagram.

For this reason, I am offering a free evening to entice new people (and "old" alike) to talk about how to use the tools that are available to us on an everyday basis to change our life.

The Enneagram is the tool that gives us the data, the rest is up to us and they are:

Our bodies
Our minds
Our hearts
Our intuition
Our experiences

These are the tools for the journey.

- We will talk about "how to wake up" and explore "what is consciousness" and how we stay open to it.
- We will talk about what stops us from getting what we want AND what supports us to move forward and through these stops.

This will be a night of general discussions and exploration for future studies. I am planning to offer a workshop in early April as a follow-up.

The evening will be **Monday, February 27th**, from 7 pm-9 pm in Bel Marin Keys, Novato. The specific address will be given at the time of signing up.

Tell your friends and spread the word. Hope to see you there. Email or call (415) 339-8669 to reserve a spot.

Toni Marie Clifton
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